

Protecting and improving the nation's health

Viral haemorrhagic fever border screening: The experience of Ebola

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Ebola virus disease

SOURCE

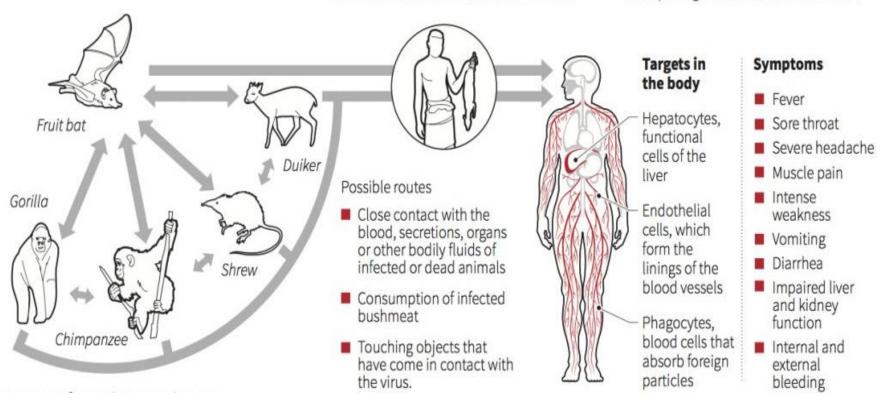
In Africa, particular species of fruit bats are considered possible natural hosts for Ebola virus.

TRANSMISSION

Infected bats are thought to transmit the disease to humans, or indirectly through other animals which are hunted for their meat.

DAMAGE

Incubation period is from two to 21 days. Death from the disease is often caused by multiple organ failure and tissue death.

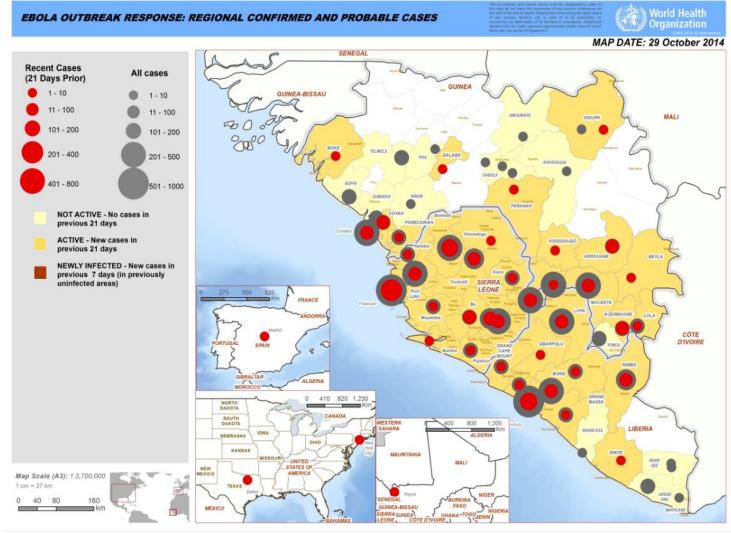




Outbreak timelines

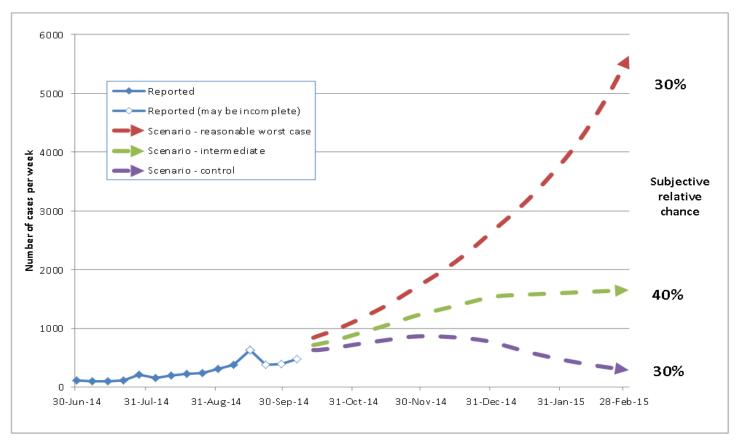
- On 23rd March 2014 WHO confirmed an outbreak of Ebola virus disease in south-eastern Guinea. This was the first time an outbreak had been diagnosed in this part of Africa, and is now the largest known outbreak of this disease.
- 8th August 2014 Declaration of Public Health Event of International Concern by World Health Organization
- The Foreign and Commonwealth Office advised against all but essential travel to Sierra Leone, Liberia and Guinea, except for those directly involved in the Ebola response.





Predicted spread West Africa – Oct '14

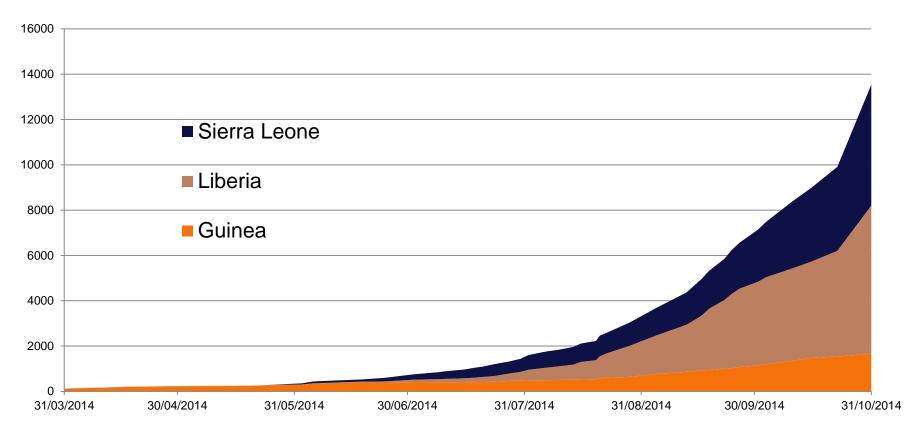
Indicative Future Scenarios - Number of Cases per Week (Sierra Leone)



- 1) This graph shows possible outcomes for best, worst and intermediate scenarios, given current planned interventions.
- 2) It emphasises the considerable uncertainty which remains. All three outcomes are plausible at this time.

Situation October 2014

Total Cases and Deaths (as of 29 OCT*)					
Cases	13,567				
Deaths	4,951				



Existing infrastructure for High Hazard Infections

- Civil Contingencies Act requires routine national & local exercising
- COBR: national decisions on emergency response
- SAGE and Advisory Committee on Dangerous Pathogens expert advisory input

Management of Hazard Group 4 viral haemorrhagic fevers and similar human infectious diseases of high

- National disease surveillance system
- ❖ National Focal Point (within PHE)
- & Designated Ports, Port Health Plans

UK Effort against Ebola

In affected countries:

- Focus on Sierra Leone
- Army ship building ETCs and laboratories
- Provision of Doctors and Nurses from NHS
- Provision of laboratory staff through Public Health England

In the UK – Declaration of PHE Level 4 National Incident:

- Advisory Specialist Epidemiology, risk management
- Guidance training eg PPE
- Screening and Returning Workers Programme

Communications Strategy – 3 Steps

- 1.Preparedness: building a bedrock of public confidence in advance of the emergence of the first case and greater resilience in the NHS
 - 2. First case: using the management of the first case to build confidence further cementing public belief that we can contain any threat from Ebola, and that we have made the right preparations
 - **3. Ongoing management:** demonstrating through confident handling of further cases, or, if no further cases, the promotion of the international strategy effective management of the threat

Screening: Three main reasons:

1. We needed to mitigate the risk of disease importation and transmission in the UK

2. We wanted to increase knowledge of Ebola disease – travellers, returning workers, professionals and the public

3. Manage national and international public concern

Where we screened

On site/ Enhanced

AIR:

London Heathrow London Gatwick Birmingham Manchester

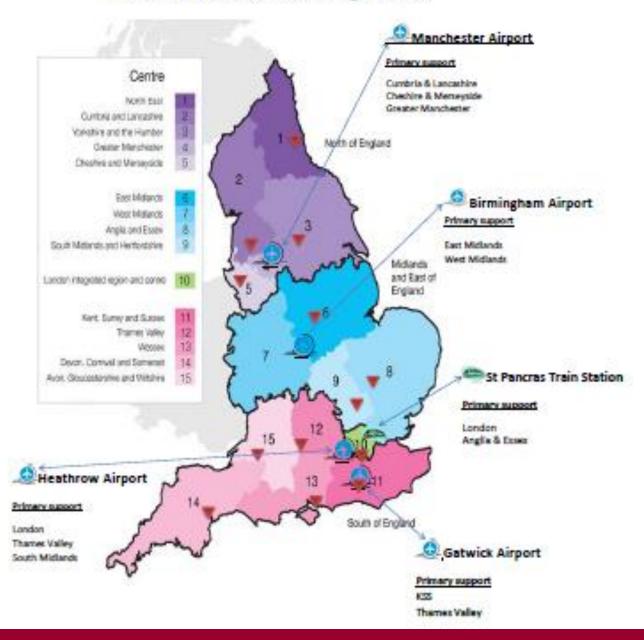
RAIL:

London St Pancras

Off site/ Non-enhanced

Shipping ports
Provincial airports
Private airports
Out of hours
presentations
Diplomatic personnel

Ebola: Enhanced Port screening locations



Who we screened

1 Travellers from affected countries:

- sustained community transmission
- Sierra Leone, Guinea & Liberia
- first entry to UK, not in transit
- regardless of exit or intermediate screening

2 Returning workers:

- health, miners, engineers, journalists

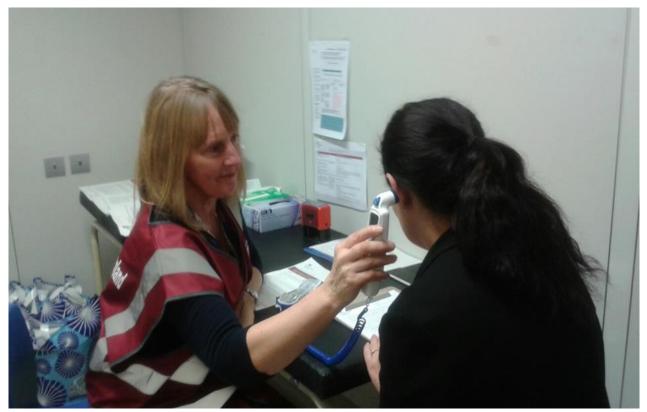
3 Returning Healthcare workers:

- NGOs
- UK Med

The screening process



Contact free temperature assessment





Screening tools



Public Health Returning from West Africa? Information about Ebola

Protecting and improving the nation's health



There is a large Ebola outbreak going on at present in West Africa

- . the risk of Ebola is low for most travellers
- . however, malaria is a much more common infection in West Africa and can have similar early symptoms. It is treatable if diagnosed quickly, so contact NHS 111 for advice if you feel unwell
- if you are staying in the UK and develop symptoms such as:
 fever (37.5°C or higher)
 - headache
 - body aches
- diarrhoea vomiting

within 21 days of returning from Sierra Leone, Guinea or Liberia, you should contact NHS 111 and tell them where you have travelled.

If you are in transit to Scotland, Wales or Northern Ireland, and develop these symptoms after arrival, you should contact the relevant number and tell them where you have travelled:

- Scotland: NHS 24 (dial: 111)
- Wales: NHS Direct Wales (dial: 0845 46 47)
- Northern Ireland: contact your GP or local emergency department

If you are in transit to another country and develop these symptoms after you have left the UK, you should seek immediate medical attention there.

For more information visit: www.gov.uk/phe or www.nhs.uk/ebola



Version 7.3 FINAL 31st December 2014

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IMPORTANT INFORMATION FOR YOUR HEALTH Port of entry Ebola health assessment form

Intended principally to be completed by passengers from Guinea, Sierra Leone or Liberia.

This form is to obtain important information from passengers entering this country, through UK ports, on any possible exposure or symptoms of the Ebola virus. The data received through this form will be treated confidentially and in accordance with data protection legislation and will not be shared with immigration authorities. Please complete in block capitals.

Date (DDMMYYYY)

Please answer all questions. Ask an official if you need help.

1.	Passenger information								
1.1	Family name	1.2 First name(s)							
1.3	Gender	1.4 Date of birth (DDMMYYYY)							
1.5	Nationality	1.6 Passport number							
1.7	Address in UK								
1.8	Postcode								
1.9	UK Phone numbers	Landline(s) 1.10 Mobile(s)							
1.11	Email address								

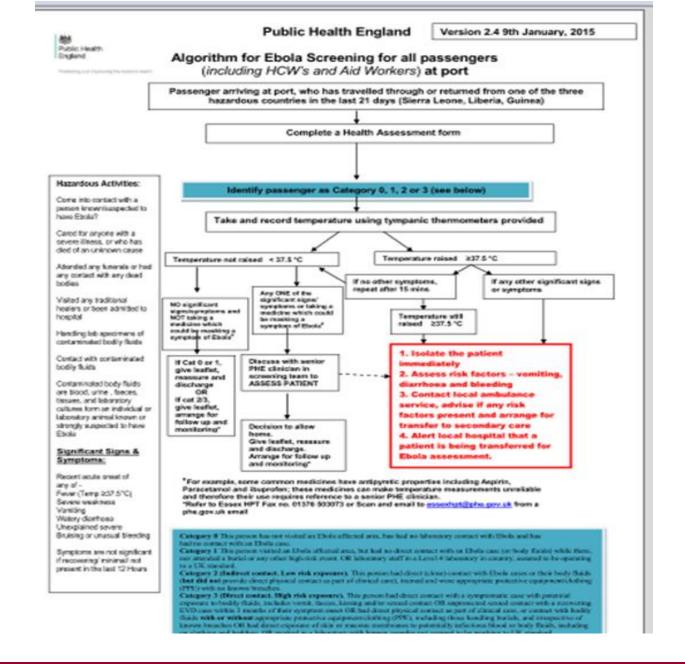
2.	Journey Information							
2.1	How did you arrive in the UK? (please tick)	Plane		Eurostar/ Arrival time			Other method	
2.2	Last flight number Row and seat number			2.3 Terminal (if appropriate):				c
2.4	Port of entry	London Heathrow						
2.5	Please give the last date you were in one of the Ebola affected countries (DD/MM/YYYY)							

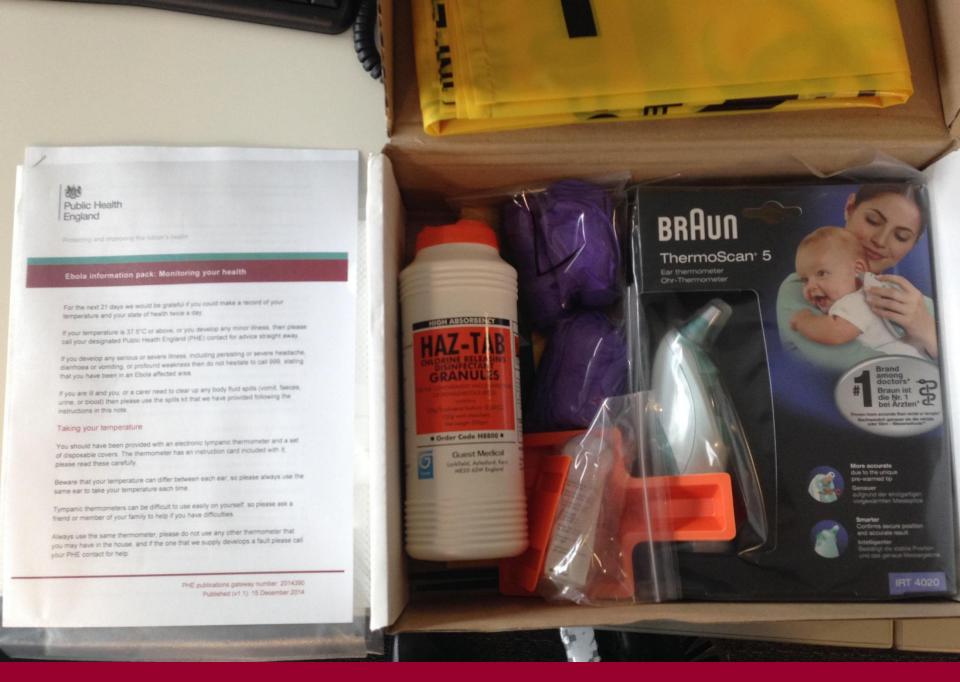
Port of entry Ebola health assessment form

4.	Health Information							
4.1	Do you have a temperature/fever now?	Yes 🗆	No □	Unknown 🗆				
4.2	Have you had a temperature at any time during the past 48 hours?	Yes 🗆	No □	Unknown 🗆				
4.3	Currently do you have any of the following:							
4.4	Headache	Yes 🗆	No □	Unknown □				
4.5	Vomiting/feeling sick?	Yes 🗆	No □	Unknown 🗆				
4.6	Diarrhoea	Yes 🗆	No 🗆	Unknown 🗆				
4.7	Intense fatigue or exhaustion?	Yes 🗆	No □	Unknown 🗆				
4.8	Bruising	Yes 🗆	No □	Unknown 🗆				
4.9	Unexplained or unusual bleeding?	Yes 🗆	No □	Unknown 🗆				
	Medicines							
4.10	Are you taking any medication?							
4.11	Have you taken any paracetamol, aspirin or other antipyretic medication within the past 48 hours?							
4.12	If so, when did you last take this medication?							

The following sections (5 - 9) are to be completed by PHE screening staff only

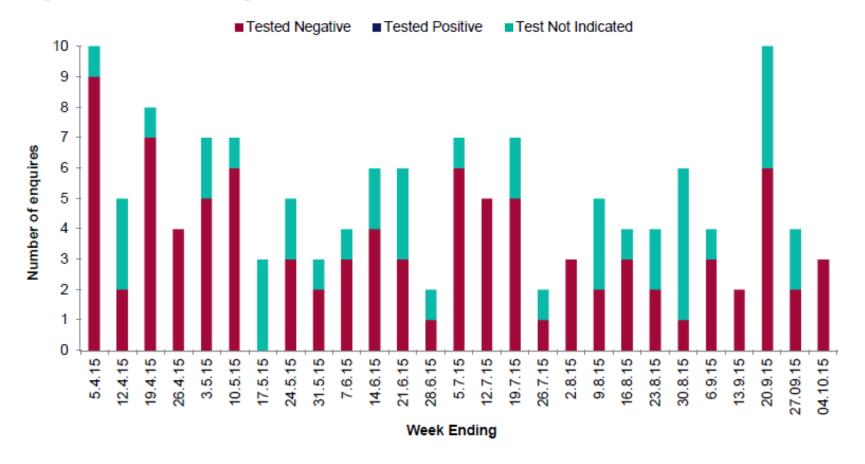
5.	Temperature on arrival in UK	
5.1	Temperature (°C)	
5.2	Date (DD/MM/YYYY)	
5.3	Time (hh:mm)	
5.4	Name of person taking temperature	
5.5	How was the temperature taken?	Tympanic thermometer □ Infrared thermometer □





C.1 Imported Fever Service activity

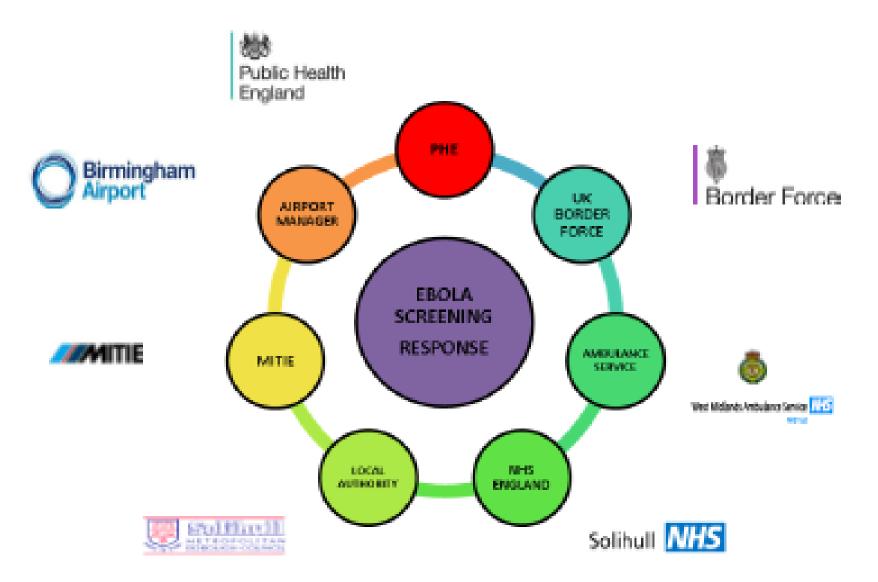
Figure 9: UK weekly Ebola outbreak related clinical enquiries to IFS in past 6 months by Ebola test outcome



Data source: VHF Screens 05 October 2015, Imported Fever Service (data up to 10:03 05/10/15)

Note: Tests carried out on or after 05 October 2015 not included as not complete week

WORKING IN PARTNERSHIP





Vous revenez d'Afrique de l'Ouest? Informations concernant le virus Ebola



Une importante épidémie d'Ebola est actuellement en cours en Afrique de l'Ouest

- les risques sont faibles pour la plupart des voyageurs
- le paludisme reste une infection bien plus courante en Afrique de l'Ouest, dont les premiers symptômes peuvent être similaires. Diagnostiqué rapidement, il est traitable, contactez donc le service NHS 111 pour demander conseils si vous vous sentez mail
- si vous restez au Royaume-Uni et développez des symptômes tels que:
 - fièvre (plus de 37.5°C)
 - maux de tête
 - courbatures
 - diarrhée
 - vomissements

dans les 21 jours suivant un retour de Sierra Leone, de Guinée ou du Libéria, vous devez contacter le NHS 111 et indiquer où vous avez voyagé.

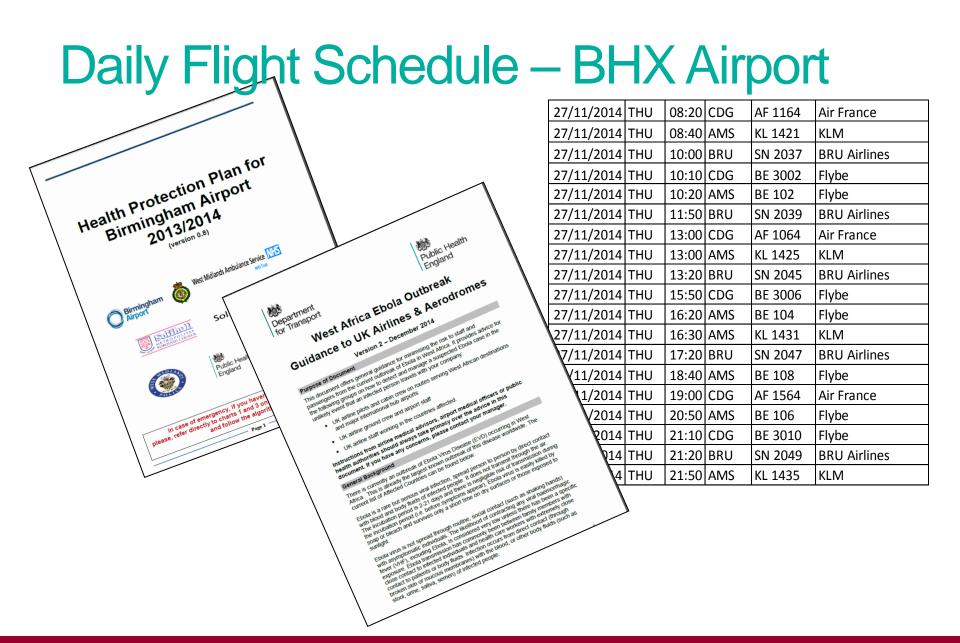
Si vous êtes en transit vers l'Écosse, le pays de Galles ou l'Irlande du Nord, et développez ces symptômes après votre arrivée, vous devez appeler avec le numéro correspondant et indiquer où vous avez voyagé:

- Écosse: NHS 24 (composer le: 111)
- Pays de Galles: NHS Direct Wales (composer le: 0845 46 47)
- Irlande du Nord; contacter votre médecin ou service des urgences local

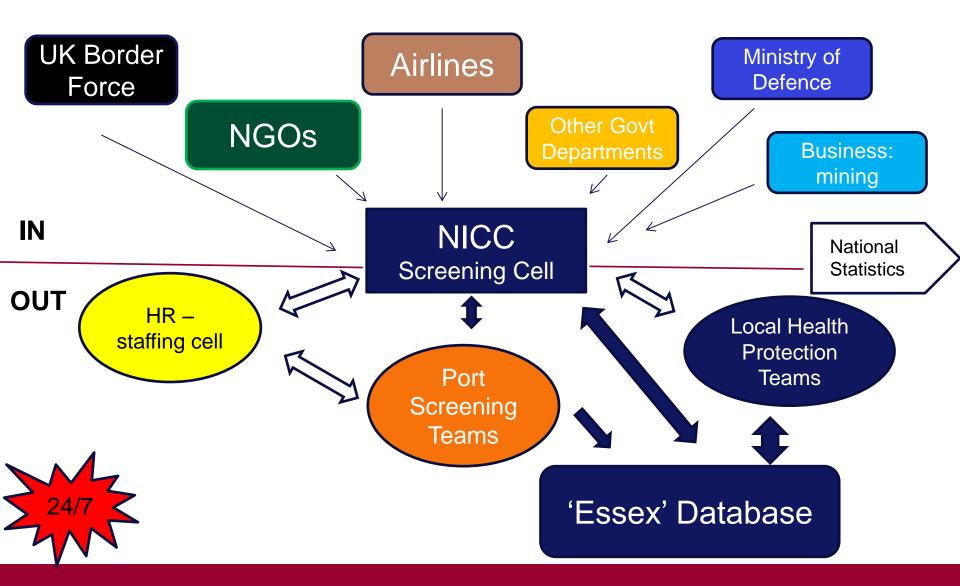
Si vous êtes en transit pour un voyage vers un autre pays et développez ces symptômes après avoir quitté le Royaume-Uni, faites immédiatement appel à des services de santé sur place.

Pour plus d'informations, veuillez visiter: www.gov.uk/ebola ou www.nhs.uk/ebola

Pour obtenir des conseils de santé, contacter le NHS 111



Use of data: screening & returning workers



Returning Workers Scheme

Targeted risk groups

Healthcare workers, Journalists, photographers, Miners, Engineers

Complex registration system

Needs support of NGOs, businesses, MoD and workers themselves

Risk categorisation

Absent (0) – High (3)

Community Monitoring

Direct relationship with PHE Local Health Protection Teams, twice daily temperature monitoring for 21 days

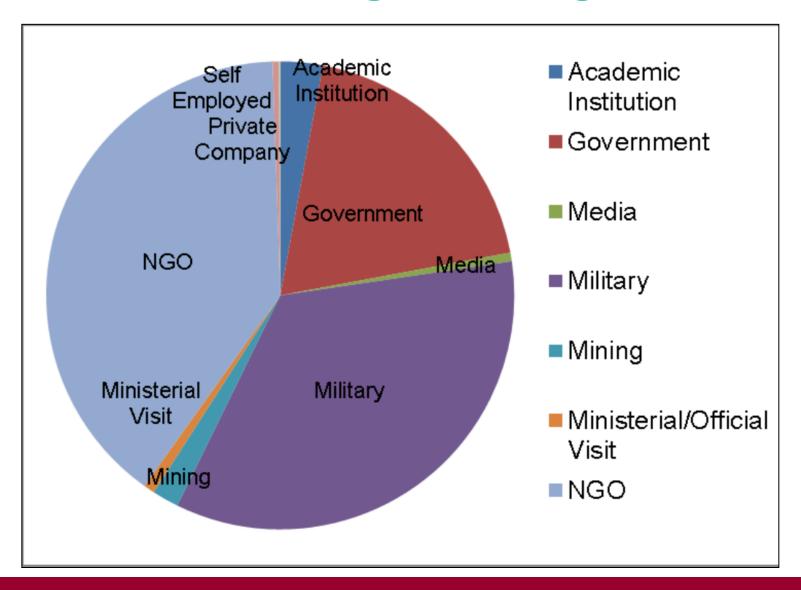
Risk management

Work, residential and travel guidance: Aim for easy self extraction should illness/symptoms develop quickly

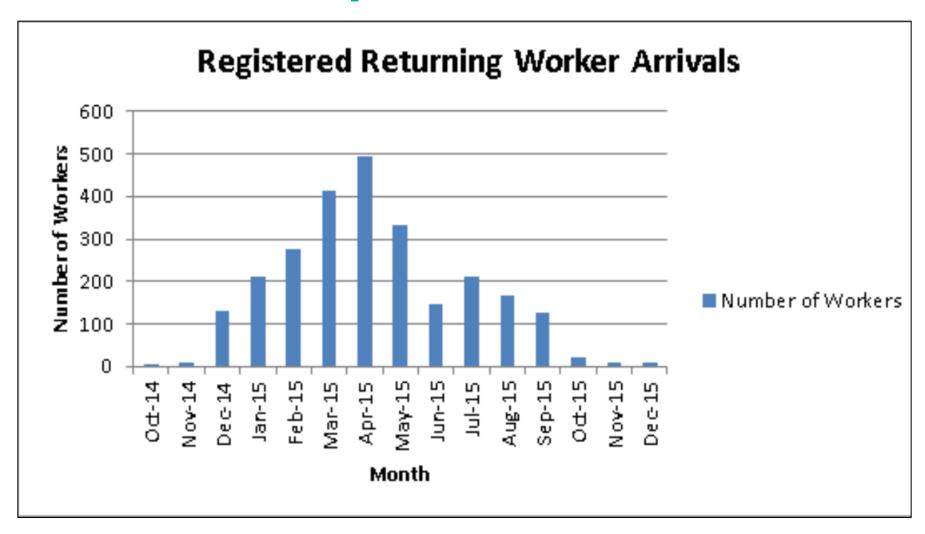
Risk categorisation for Port Health screening process

- **Category 0**: This person has not visited an Ebola affected area, has had no laboratory contact with Ebola and has had no contact with an Ebola case.
- Category 1: This person visited an Ebola affected area, but had <u>no direct contact with an Ebola case</u> (or body fluids) while there; nor attended a burial or any other high-risk event. OR laboratory staff in a country assured to be operating to a UK standard.
- Category 2: (Low-risk exposure) This person had <u>direct</u> (close) contact with Ebola cases or their body fluids (but did not provide direct physical contact as part of clinical care), trained and wore appropriate protective equipment/clothing (PPE) with no known breaches.
- Category 3: (High-risk exposure) This person had <u>direct contact with a symptomatic case with potential exposure to bodily fluids, including vomit, faeces, kissing and/or sexual contact OR unprotected sexual contact with a recovering EVD case within three months of their symptom onset OR had direct physical contact as part of clinical care, or contact with bodily fluids with or without appropriate PPE, including those handling burials, and irrespective of known breaches</u>

Distribution of returning worker registration



Risk counterpoint



C.3 Monitoring of returned workers

Figure 15: Risk category of returned workers reported to PHE Returning Worker Scheme by PHE Centre of residence as of 05/10/2015

PHE Region Name	PHE Centre Name	Returned Workers >21 days	Returned Workers <= 21 days	Total Returned Workers*¥
London	London	1229	38	1267
Midlands and East of England	Anglia and Essex	161	14	175
	East Midlands	72	1	73
	South Midlands and Hertfordshire	99	3	102
	West Midlands	108	2	110
North of England	Cheshire and Merseyside	57	2	59
	Cumbria and Lancashire	61	1	62
	Greater Manchester	42	4	46
	North East	63	2	65
	Yorkshire and Humber	146	6	152
South of England	Avon, Gloucestershire and Wiltshire	212	5	217
	Devon, Cornwall and Somerset	126	2	128
	Kent, Surrey and Sussex	255	5	260
	Thames Valley	220	7	227
	Wessex	187	2	189
Not Known	No Geography Information Recorded	2313	22	2335
	Total	5351	116	5467

Data Source: HP Zone (data up to 11:12 05/10/15)

Note: These data only reflect staff registered with the PHE Returning Worker Scheme and therefore may not reflect all workers deployed.

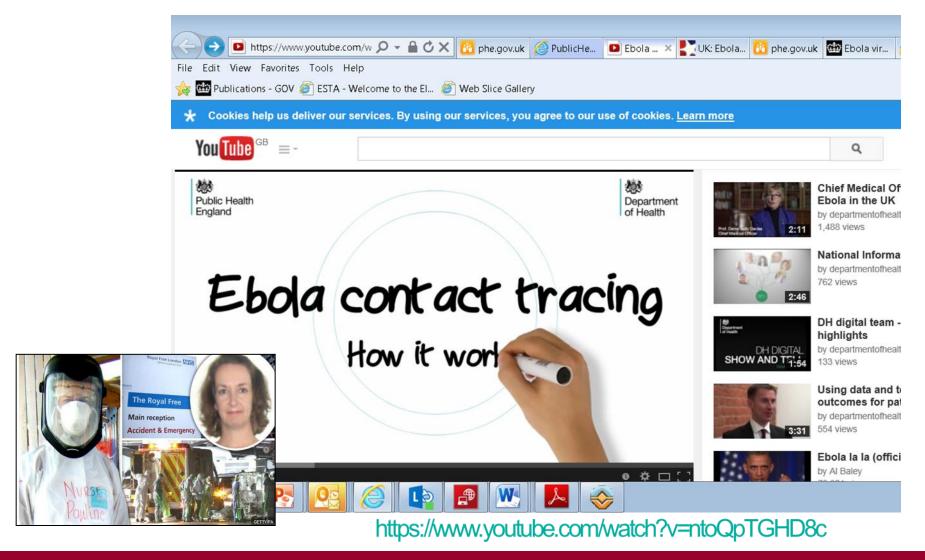
^{*}Multiple deployments of individuals are not currently reflected within totals

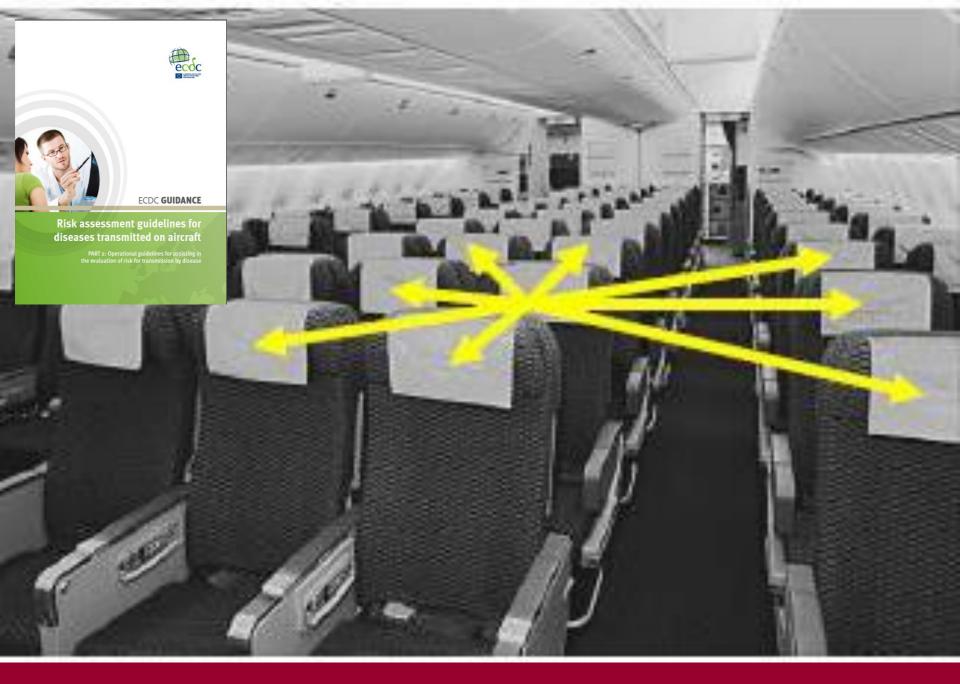
[¥]Total includes those recorded 'lost to follow up' and those where monitoring has not been recorded

Did it work...?



The UK's First Confirmed Case





Gateway to risk management pathway



Enhanced Screening latest

Passenger arriving at port, who has travelled through or returned from one of the three hazardous countries in the last 21 days (Sierra Leone, Liberia, Guinea)

Complete a Health Assessment form Identify passenger as Category 1, 2 or 3 (see below) Take and record temperature using tympanic thermometers provided Temperature raised ≥38 °C Temperature not raised < 38 °C Any ONE of the significant signs significant

Attended any funerals or had any contact with any dead bodies

NO

signs and

symptoms

If Cat 1, give

reassure and

OR

discharge

If cat 2/3.

give leaflet.

arrange for

monitorina*

follow up and

leaflet.

or symptoms

Discuss with senior

PHE clinician in

screening team to

ASSESS PATIENT

Decision to allow

and discharge.

and monitoring*

Give leaflet, reassure

Arrange for follow up

home.

Hazardous Activities:

Come into contact with a

Cared for anyone with a

severe illness, or who has

died of an unknown cause

person known/suspected to have Ebola?

Visited any traditional healers or been admitted to hospital

Handling lab specimens of contaminated bodily fluids

Contact with contaminated bodily fluids

Contaminated body fluids are blood, urine, faeces, tissues, and laboratory cultures form an individual or laboratory animal known or strongly suspected to have Ebola

Significant Signs & Symptoms:

Recent acute onset of anv of -Fever (Temp ≥38°C) Severe weakness Vomiting Watery diarrhoea Unexplained severe Bruising or unusual bleeding

Symptoms are not significant if recovering/ minimal/ not present in the last 12 Hours

1. Isolate the patient immediately

2. Assess symptoms - vomiting, diarrhoea and bleeding

3. Do not touch the patient without PPE provided

4. Follow ACDP guidance for any fluid spill

5. If close contact is necessary ensure PPE is worn

6. Contact local ambulance service

ASAP for transfer to secondary care 7. Alert local hospital that a patient is being transferred for Ebola assessment.

*Refer to Essex HPT Fax no. 01376 503073 or Scan and email to essexhpt@phe.gov.uk from a phe.gov.uk email

Category 1 This person visited an Ebola affected area, but had no direct contact with an Ebola case (or body fluids) while they were there; this includes people who have had casual contact eg visited a home without direct contact with the Ebola patient or body fluids of the patient

Category 2 This person had direct (close) contact with Ebola cases (or body fluids) while they were in the affected area, but wore appropriate protective equipment/ clothing (PPE), and had no known breaches in PPE Category 3 This person had direct (close) contact with Ebola cases (or body fluids) while they were in the affected area, wore appropriate protective equipment/ clothing (PPE), but are concerned that they may have had a breach in these protective measures or have had direct contact with an Ebola patient's blood, without being protected urine or secretions

Objective - to improve our ability to detect and solate Ebola cases at UK ports, ensuring that as many people as possible arriving from the affected countries know the symptoms and how to get access to healthcare services as quickly as possible. Once roll out to St Pancras, Birmingham and Manchester is complete, it will cover 15 terminals in total and mean that 97% of flights connecting from affected areas will be met at locations with screening. This policy will enhance public knowledge, information and provide reassurance to the public.

Timeline

- 14 October: Heathrow Terminal 1
- 15 October: Heathrow Terminals 2 & 5
- 16 October: Heathrow Terminals 3 & 4
- 21 October: Gatwick North
- 22 October: Gatwick South
- 24 October: St Pancras
- 31 October: Birmingham
- 3 November: Manchester
- Further plans for screening at additional ports can be developed as necessary.

Latest figures

- At 23:59 hrs on Saturday 1 November: total 486 passengers have been assessed;
- Screened 100% of passengers brought to PHE attention:
- 10 passengers are self-monitoring with access as required to local Health Protection Teams
- 2 people have been referred to the NHS and both subsequently tested negative for Ebola.

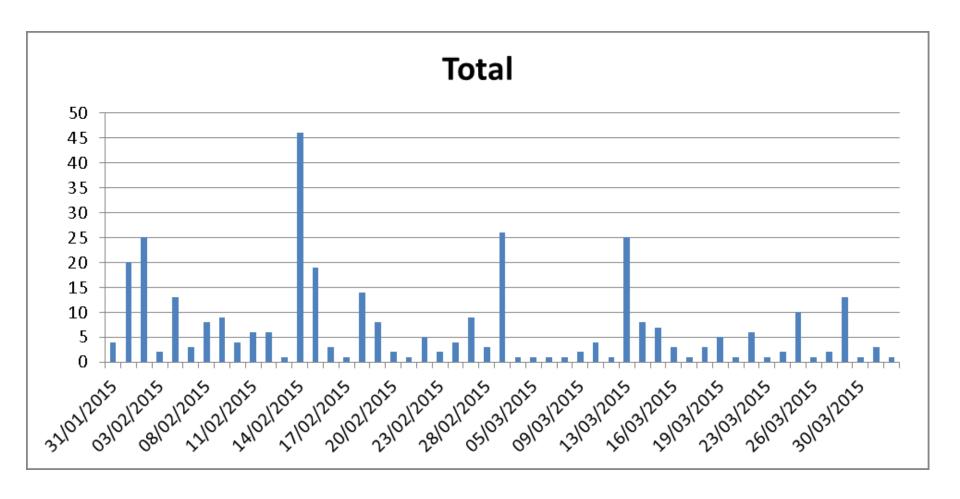
Success for travellers...

Port	Start date	Date of	Number	Number .	% pax	Average overall experience									
	of use of feedback forms	last feedback	of feedback records	screened over the period	complete feedback forms					(•	(3	١	I R
						#	%	#	%	#	%	#	%		
LHR	11/02/15	30/8/15	1243	6388	19%	883	71	51	4	6	0	187	15		
LGW	10/01/15	12/08/15	527	937	56%	452	86	14	3	4	1	57	11		
LSP	27/01/15	16/7/15	132	186	71%	120	91	2	0	0	0	0	0		
ВНХ	27/01/15	20/7/15	35	135	26%	26	74	0	0	0	0	9	26		
MAN	05/02/15	04/06/15	52	187	28%	44	85	1	3	0	0	7	13		

Cross government working



Planning for higher risk returnees



C.3 Monitoring of returned workers

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Operational protocols

- Operational screening protocols were developed and tested with partners. These covered:
 - Cat 2 specimen transfer via courier
 - Decontamination arrangements at Airport
 - Expert advice via Imported Fever Service
 - National reporting to and within PHE
 - Ambulance transfer and passenger handling at the Airport and designated Hospital
 - Monitoring of high risk persons for 21 days
 - Airport security to identify /manage passengers

PHE produced guidance

Primary and secondary care

People going to and returning from affected countries

Police, prisons and immigration removal centres

<u>Diagnosis</u>

- Education and childcare
- Air, sea and ports
- Environment, waste and sewage
- Risk assessment and background information
- Epidemiology and maps
- Screening and testing activity
- Public awareness resources
- Genetic research

Challenges

- Project of this nature had never been tackled before by PHE
- Across PHE Centre volunteers were recruited and trained to carry out the screening task.
- A comprehensive national Ebola operational plan was drafted and continuously updated to assist screeners in all aspects of their role
- Maintaining effective two way local/national communication was key.
- Need to ensure effective operational management across all ports
- Considerable interest at the senior levels of government, required the timely and accurate passage of information. COBR met multiple times.
- Media material was provided for public communication releases.

Key learning points:

- Art & science of managing risk
- Language, politics & media are important
- Existing Port Health knowledge & connections
- Staff: resilience, training, dedicated resource and learning opportunities
- Cross-government linkage
- Legislative basis defines part of what is possible
- Context varies by country, time and epidemiology
- Connections may determine effectiveness of interventions as much as science

Key global opportunities:

- International interest in the Returning Workers Scheme
- Agreement on principles for disease characteristics
- Defining criteria for domestic action in relation to outbreak management overseas – what is business as usual?
- Highlighting the 'Inverse Risk Law of Returning Workers'
- Screening quality and opportunities for single exit/entry standards

The future.....

British Ebola nurse readmitted to hospital in 'serious condition'

Pauline Cafferkey, who contracted Ebola in west Africa last year, transferred to Royal Free hospital in London with complications arising from the virus



Nurse Pauline Cafferkey is in a serious condition after bei Free hospital in London with complications arising from

Ebola nurse Pauline Cafferkey retu Glasgow

Royal Free hospital says Cafferkey has made full recovery and is no longer



Pauline Cafferkey (right), with Breda Athan (left), senior matron, and Dr Michael Jacobs (centre), at the Roya Free hospital in London. Photograph: Royal Free hospital/Press Association

Pauline Cafferkey, the nurse treated in London for life-threatening complications months after she was apparently cured of Ebola, has been released from isolation and has returned to hospital in Glasgow.

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ORDGINAL ARTICLE

A PRINT | ** E-MAIL | ** DOWNLOAD CITATION | ** PERMISSIONS

A Correction Has Been Published -

Persistence of Ebola Virus in Ocular Fluid during Convalescence

Jay B. Varkey, M.D., Jessica G. Shantha, M.D., Ian Crozler, M.D., Colleen S. Kraft, M.D., G. Marshall Lyon, M.D., Aneesh K. Mehta, M.D., Gokul Kumar, M.D., Justine R. Smith, M.S., B.S., Ph.D., Markus H. Kalnulainen, Ph.D., Shannon Whitmer, Ph.D., Ute Ströher, Ph.D., Timothy M. Uyeki, M.D., M.P.H., M.P.P., Bruce S. Ribner, M.D., M.P.H., and Steven Yeh, M.D.

N Engl J Med 2015; 372:2423-2427 | June 18, 2015 | DOI: 10.1056/NEJMoa1500306



Thank you

Jenny.Harries@phe.gov.uk
Special Acknowledgment:
Dr Bharat Sibal